

[5 Minutes a Day - Drums Book](#)

[]

\$10.95
incl. %s GST

Start each of your rehearsals off on the right foot with Andy Clark's "Five Minutes Aday" band Book. Each page of these exceptional books contains a five minute routine which warms up your band and readies them for your rehearsal. Every routine starts with a solidly scored chorale to get the lips vibrating and the horns warmed up. The second section is a technique exercise and the third works on tone production and tuning. By alternating which routines you use, you can always provide your group with work in the areas they need the most help and save your valuable rehearsal time in the process. A wonderful way to start your rehearsals with a minimum of muss and fuss and a maximum of learning.